# Cancer Survivorship Educational Health Fair Guest Speakers

May 18, 2024 8:30AM -12:30PM

#### 9:00-9:30 AM: "Survivorship: Embracing The Future" Presented by Deanna M. Birling MSN, ANP-BC, AOCNP

Deanna Birling is an Advanced Practice Nurse Practitioner with Ascension Medical Group. Deanna is board-certified in the care of adult patients as an Advanced Oncology Certified Nurse Practitioner (AOCNP). Deanna has worked in oncology for over 25 years, the majority of those in Radiation Oncology where she provides survivorship care to patients that have completed treatment for cancer. She has also completed the City of Hope's Cancer genomics course as well as training for tobacco cessation and seeing patients for smoking cessation.

### 10:00-10:45 AM: "Decreasing My Risk For Recurrence" Presented by Dr. Hanadi BuAli MD, FACS, FSSO

Dr. Hanadi BuAli is a board certified, fellowship-trained breast surgeon. She currently serves as the director of the Breast Health Program for Ascension Wisconsin. Dr. BuAli has been practicing in the field of breast surgical oncology since October 2008 and in the field of medicine in general for more than 20 years. She is the recipient of numerous honors and awards, and has been recognized as one of the 40 under 40 by the Milwaukee Business Journal, in 2021 and 2020 was named one of America's Top Surgeons by the Consumers Research Council of America, and has been recently named one of the Milwaukee Magazine Top Doctors for the field of breast surgery in 2022 and 2023.

#### 11:00-11:30 AM: "Understanding Lymphedema Risk,Prevention,and Treatment" Presented by Kimberly Bohmann, OT/CLT

Kim is a certified lymphedema therapist with 25 years of experience as an occupational therapist. She has a passion for helping patients return to function with a better quality of life than when they had pain and swelling. Kim spends time with her patients addressing their history, both medical and personal, in order to address the whole person. She believes that establishing a relationship and understanding needs are a key to successful outcomes.

### 11:45-12:15 PM: "Exercise-Based Rehab for Cancer Survivors" Presented by Dr. Jessica Brown PhD.

Dr. Jessica M. Brown serves as Associate Professor of Exercise Science with a focus on Applied Clinical Practice at Carroll University in Waukesha, WI. She also oversees all clinical operations in the Exercise Physiology Program as the Director of Clinical Education. Dr. Brown's proprietary exercise model, the Phase Program, is widely used in cancer rehabilitation facilities worldwide and earned Paper of the Year from the Translational Journal of the American College of Sports Medicine. At Carroll, she pioneered the Carroll University Rehabilitative Exercise (CURE) Clinic, an experiential learning-based exercise program serving the community, because—Exercise is Medicine!

## 12:30 PM: Closing Prayer/Meditation Presented by Kara Vander Vliet BSN, OCN, Hodgkin's Lymphoma Survivor

**Venue** Ascension SE Wisconsin-Mayfair Road 201 N Mayfair Rd., 5th Floor Conference Rooms A/B/C Wauwatosa, WI 53226